



Extraordinary Adventure Vacations in Alaska's National Parks

Equipment List

THIS DOCUMENT LISTS ALL CLOTHING, EQUIPMENT
AND OTHER GEAR NEEDED FOR YOUR ALASKA ALPINE ADVENTURE.

Please note that some items will be supplied by Alaska Alpine Adventures; other items you will need to provide yourself. The checklists below contain all of the clothing and gear required for any trip offered by Alaska Alpine Adventures. By following them, you should find yourself well-equipped for your adventure. We are always happy to discuss equipment needs with you, so please do not hesitate to contact us with any questions.

Trust Yourself (Not the Weather)

We travel light, yet spare few comforts, and the following checklists reflect this dogma. Our lists are based on typical seasonal and environmental conditions you are likely to encounter. Please refer to your particular adventure's Trip Beta page for specific weather conditions common to your destination. Living by the tenant of "Hope for the best, plan for worst, and probably get something right in between" has served us quite well and often seems to sum up the Alaska experience. Environmental comfort levels will vary from person to person, so please select your clothing and equipment accordingly and use the following checklists as a guide. It must be stressed that the items listed (or your own favorite substitution) are **MANDATORY** and must be in your possession when you head into the field.

Items Supplied For You

Alaska Alpine Adventures will supply the following gear for your trip:

- ▶ Expedition-quality tent(s)
- ▶ Group camping equipment
- ▶ Food
- ▶ Cookware, eating bowls and utensils
- ▶ Medical kit
- ▶ Aircraft radio, satellite phone
GPS and rescue equipment.

All other clothing and equipment (described on the following checklists) are to be provided by you, and are **MANDATORY**.

Outdoor Equipment Suppliers

Over the course of many years spent in the most rugged environments, your Alaska Alpine Adventures guides have had the opportunity to put their gear and clothing to the ultimate test - daily use. Our guides have repeatedly found that certain companies produce consistently tough, durable products that stand up to both time and the elements. The suppliers we recommend are listed below.

You can find most of these brands at your local outdoor retailer, REI, EMS, MEC or online. The Alaska Alpine Adventures website also contains links to these suppliers (see "Links" at www.AlaskaAlpineAdventures.com). You can also connect to suppliers directly using the web addresses provided. Several outdoor suppliers in Anchorage rent much of the equipment listed – including **REI** and **Alaska Mountaineering and Hiking (AMH)**.

Recommended equipment suppliers:

- ▶ **Arc'teryx**
Technically superior outerwear and backpacks.
www.arcteryx.com
- ▶ **Black Diamond**
The name for quality climbing and skiing hardware.
www.bdel.com
- ▶ **Patagonia**
Total layering systems from base to outerwear.
www.patagonia.com
- ▶ **Mountain Hardware**
Everything from top to bottom, head to toe, and tents too.
www.mountainhardware.com
- ▶ **Cloudveil**
Focused on function.
www.cloudveil.com
- ▶ **Granite Gear**
Great performing packs.
www.granitegear.com
- ▶ **REI**
Find everything you need in one place.
www.rei.com
- ▶ **MSR**
Expedition proven stoves, tents and hardware.
www.msrcorp.com
- ▶ **Smith**
Top quality polarized optics.
www.smithoptics.com
- ▶ **Cascade Designs**
Makers of Therm-a-Rest/RidgeRest and other top notch accessories.
www.cascadedesigns.com



Gear List – Ski Mountaineering Trips

On the Snow:

- Backpack**
 - 5000 cu. inches or larger
- Waterproof Pack Cover**
- Large Duffel Bag**
- Water Bottles**
 - Wide-mouth Nalgene water bottle
 - Water bottle insulator
- Alpine Touring (AT) or Telemark Boots**

Quality insulated, crampon-compatible plastic AT/Telemark ski boots.
(It is very critical that you break in your boots **BEFORE** you arrive.)
- Waterproof Gaiters**

Keep the snow and moisture out – sized to ski boots.

Hardware:

- Skis w/ AT or telemark bindings
- Ski crampons
- Adjustable ski poles with baskets
- Climbing skins
- Shovel
- Avalanche transceiver and probe
- Climbing harness (BD Alpine Bod)
- Ice Axe W/Leash
- 3 Locking carabineers
- 2 Locking Pear carabiners
- 5 Wire-Gate carabiners
- Prussiks (or one continuous 40-foot piece of 6mm perlon cord)
- Cordelette (20-foot length of 6mm perlon cord for anchors and rescues)

Core Clothing:

- Outerwear**
 - Gore-Tex or similar quality waterproof/breathable jacket & pants
 - Shoeller Pants
 - Wind Breaker (Marmot DriClima or similar)
- Base Layers**
 - 1 mid-weight long sleeve synthetic top
 - 1 mid-weight synthetic bottom

The Extremities:

- Feet**
 - 3 pair synthetic liner socks

- 4 pair synthetic/wool mid-weight socks

- Head**
 - 1 warm hat synthetic/wool
 - 1 billed sun hat
 - 1 lightweight balaclava
- Hands**
 - 1 pair insulated work gloves
 - 1 pair of insulated mittens
 - 1 pair synthetic glove liners
- Other**
 - 1 pair polarized sunglasses
 - 1 pair snow goggles

Around Camp:

- Sleeping Bag**

Synthetic/down -10 degree rated sleeping bag
- Sleeping Pad**

Closed-cell foam pad (RidgeRest) or inflatable air mattress (Therm-a-Rest)
- Camp Chair**

Crazy-Creek style, soft, folding camp chair or Therm-a-Rester Ultimate chair kit to fit inflatable mattress
- Headlamp**
- Extra Layers**
 - Expedition-weight synthetic top
 - Expedition-weight synthetic bottoms
 - Down or synthetic fill jacket
 - Down or synthetic fill pants
- Camp Shoes**

Down or synthetic fill booties

Personal Effects:

- Toiletries & Personal medications
- Sun screen/lip protection
- Book/reading materials
- Camera
- Journal and pen
- Binoculars
- Pee Bottle – wide mouth Nalgene
- Large Insulated Mug

Other Recommended Items:

- Bandana
- Nose protector
- Side shades for glasses

