12 Day Packaneering Adventure

# Lake Clark National Park & Preserve



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# 12 Day Packaneering Adventure Lake Clark National Park & Preserve

Thank you for considering a trip with Alaska Alpine Adventures! We have spent the past 25 years perfecting the art of guiding expeditions throughout the most remote wilderness regions of Alaska with folks just like you. Included below is much of the information you'll need to prepare & plan for your trip. Of course, never hesitate to reach out to us with any questions or concerns.

Before booking a trip with Alaska Alpine Adventures, we encourage you to thoroughly read our Reservation & Cancellation Policies below AND make sure you read and understand your personal responsibilities delineated on the <u>Safety & Responsibility page on our website.</u>

Our policies are intended to be fair, both to our guests and to our small business. Ultimately, we are a small adventure travel company operating on public lands in some of the world's most remote and challenging environments. Our groups are intentionally small, our operating season each year is incredibly short, and each spot on a trip represents an irreplaceable opportunity. The closer to a trip's start date that a guest cancels, the more difficult it becomes to fill that spot, and that is what informs our cancellation policy.

It's also the reason that we **STRONGLY RECOMMEND PURCHASING TRIP CANCELLATION & INTERRUPTION INSURANCE.** 

Both <u>TRAVEL GUARD</u> & <u>RIPCORD</u> are good options. We're excited to share Alaska with you, in the most authentic way we believe possible! Thanks so much for understanding, and for choosing Alaska Alpine Adventures. We'll see you in Alaska soon!



The Neacola High Route includes some glacier ice travel days

Go Big. Go Beyond.



## 12 Day Packaneering Adventure Lake Clark National Park & Preserve

### The Curated Experience

In 2007, owner Dan Oberlatz and longtime client Mark Stevens (a man who has taken 15 consecutive trips with AAA) completed a 55-mile traverse of the remote and rugged Neacola Mountains, deep in the inner sanctum of Lake Clark National Park. Their route took them from the astonishingly breathtaking Turquoise Lake north to the remote and rarely visited Two Lakes. Rather than choosing the path of least resistance by following the tundra country on west side of the rugged Neacolas, they instead chose to go east and into the glaciated gut of the range.

Their route took them across 30+ miles of glacier ice, over 4 high glacier passes, down polished granite slabs, up miles of loose talus and moraine, across braided glacier rivers, through thickets of dense green alder, and along ancient bear trails to the shores of Two Lakes. They were so impressed with the route, that despite their exhaustion, they agreed that if they had a resupply, it would be worth turning around and doing the trip again in reverse right then and there. In 2012 they got the chance and with 3 dedicated AAA family members who were looking for a real challenge, they repeated the Neacola High Route. To this day, Dan Oberlatz calls the Neacola High Route one of the greatest traverses he's ever done.

In the document below you'll find information on the following:

- Trip Levels and Description of Physical Abilities
- Sample Day by Day Itinerary
- What is Included & What is Not
- Why Travel with Alaska Alpine Adventures
- Travel Info & Getting To and From Alaska
- Reservation and Cancellation Policies
- Gear Lists, Equipment Lists, Rental information
- FAQs

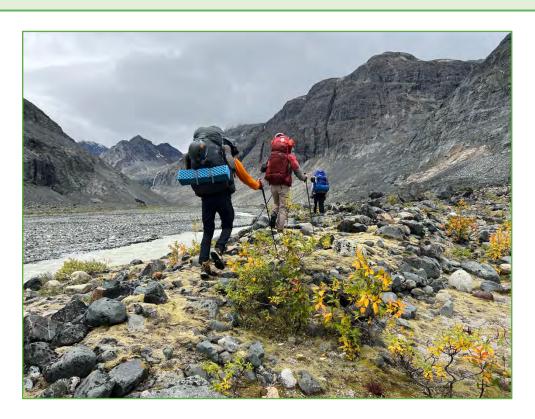


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### Neacola High Route is rated a LEVEL 4 Packaneering trip

Physical conditioning and consistent exercise prior to these trips IS mandatory.

This level is limited to our "Packaneering" trips, which requires more physical and psychological commitment than our Level 2 or 3 backpacking trips. Physical conditioning and consistent exercise prior to these trips is mandatory. These are expedition-style backpacking trips, and you will be expected to carry a backpack weighing roughly one third or your body weight over glaciated, steep, mountainous, and inconsistent terrain for many consecutive days. This will include many miles of travel over very rocky terrain. You may hike up to 10-miles in a day with up to 3000' of elevation gain/loss. You will also encounter long stretches of thick vegetation, perhaps more than one full day's worth, and may also experience Alaska's diverse selection of insect species. You will be camping in a very remote wilderness, sleeping in tents, relieving yourself in places with a stunning view, and sometimes enjoying all of the above in the rain. You will be expected to load and unload your own gear, carry a portion of the group gear, and manage your own physical comfort and well-being. Previous mountaineering experience may be required, and prior backpacking experience on Level 3 trips (or relevant similar experience) is mandatory. Pre-trip physical conditioning should begin no later than 3 months prior to departure and must include hiking, walking, or climbing (if possible) with at least 45 lbs in your backpack.





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#### DAY-BY-DAY ITINERARY (\*Sample)

Day 1: This morning you'll meet your guides and start the day with an orientation and gear check at our office/warehouse prior to the flight from Anchorage to Port Alsworth. From our shop, located in the heart of Anchorage, you'll fly west through the glacially carved splendor of Lake Clark Pass, one of the most spectacular bush flights in Alaska, arriving 1.5 hours later in the small community of Port Alsworth. After lunch, we'll load into float planes and lift off into the afternoon skies bound for Turquoise Lake. We'll shoulder our loads and head up into the Turquoise Canyon and to our first camp. After our first delicious wilderness dinner, we'll sit back and bask in the solitude of this amazing wilderness. Lunch & dinner included.

Distance: 2 miles, Elevation Gain: 300'

**Day 2:** After breakfast and hot drinks, we'll break camp and continue our way up the stunning "Grand Canyon" of the Turquoise watershed. This canyon boasts nearly 6000' of relief, spectacular waterfalls, huge cliffs, and the tumbling waters of the river that shapes the valley. By early afternoon, we'll be stepping onto the ice of the Turquoise Glacier. We'll travel un-roped on the sheet ice for the first few miles at which point we'll don harnesses, crevasse rescue gear, and crampons. After a thorough orientation to roped travel and route finding, we'll continue our journey up the ice. Camp 2 will be located between 4500 5500 feet and will offer a direct view of our Intuition Pass - our first and the steepest and highest pass of the trip.

All meals included.

Distance: 6-8 miles, Elevation Gain: 2500- 3000'

**Days 3:** Intuition Pass! Butterflies will occupy camp this morning as we sip our hot drinks and prepare for the day's challenge and our first pass of the trip. Intuition Pass (tongue in-cheek) starts with a steep (up to 45° for the first 200') snow climb which eventually ramps up into a notch which divides Turquoise Lake water from Twin Lakes. After a brief photo and snack stop at the 6700' pass, we'll begin our descent onto the un-named glacier that feeds upper Twin Lake. As soon as the snow transitions into ice, we'll un-rope and continue our descent off of the ice. By late afternoon we'll be camped along yet another un-named creek in the Neacolas.

All meals included.

Distance: 6-7 miles, Elevation Gain: 2400-3000'



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### DAY-BY-DAY ITINERARY continued (\*Sample)

**Day 4:** Chickalusion Pass! Another astounding adventure will be drawn from today's tap - the intimidating Chickalusion Pass. Though completely straightforward in execution, our second pass offers plenty of challenge, absolutely insane views of rock spires and hanging glaciers, and an exciting descent down the granite slabs on the pass's east escarpment. But what really sets this day apart from the others is the fact that today you'll truly feel the commitment of the trip as you enter the inner sanctum of the Neacolas and the approximate geographic center of the 4-million-acre Lake Clark National Park. We'll set up camp on the ice of the North Fork Glacier at approximately 4000'.

All meals included.

Distance: 5 miles, Elevation Gain: 2800'

**Day 5:** Today is a built-in layover day or a weather day that may have already been used earlier on the expedition. If not, we'll take today to explore the massive North Fork Glacier. All meals included.

**Day 6:** Moving up the North Fork Glacier, over Drop C Pass and down onto the Neacola Glacier will fill today's agenda. Again, after the morning's hot beverage and granola, we'll begin the day with a 5-mile march up the spectacular east flank of the North Fork Glacier. Weather permitting, we'll enjoy rarified views of Mt. Neacola (Peak 9400') the highest peak in the Neacola Mountains and the 3rd highest peak in Lake Clark National Park. Eventually we'll round the corner trending north to crest Drop C at nearly 5400'. By early afternoon, we'll be descending the upper reaches of the Neacola Glacier - the longest valley glacier in Lake Clark National Park. We'll un-rope as soon as we step off snow and onto the blue sheet ice and will continue down toward the confluence of the 3 forks of the Neacola Glacier and camp 4.

All meals included.

Distance: 9.5 miles, Elevation Gain: 1800'

Day 7: From camp 4 on the Neacola ice, the views of the surrounding granite peaks are sublime in-kind weather conditions. The solitude from this vantage point in the park is only exceeded by the sheer magnitude of the encompassing real estate - this is BIG country! Today's route will take us down and off the Neacola Glacier, and up into the alpine tundra of Telaquana Pass. As we make our way along the descent route, the easy walking on the ice will be replaced by difficult walking on talus covered moraine. For nearly 2 miles, we'll cautiously meander our way through seemingly endless boulders characteristic of the lower reaches of large valley glaciers in Alaska. After lunch, we'll



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### DAY-BY-DAY ITINERARY continued (\*Sample)

**Day 7 con't:** cross the north fork of the Neacola River and head east and up toward Telaquana Pass. We'll finish the day with more talus, a bit of alders, and the ascent to camp 5.

All meals included.

Distance: 6.5 miles, Elevation Gain: 900'

**Day 8:** Waking up in the alpine tundra will be a welcome and warm change when compared to life on the glacier ice and we'll spend the morning enjoying the splendor of Telaquana Pass - the divide between water that feeds Cook Inlet from those feeding Bristol Bay. By mid-morning we'll be ascending yet another un-named valley on our way to The Gift Pass - perhaps visually the most intimidating pass of the expedition. Our route will take us up onto the glacier on the south side of the pass, up a steep headwall, onto the pass's ice cap, and down another headwall on the northwest aspect. We'll then roll off the glacier and into the Tlikikila River valley. Camp 6 will be situated among large boulders and the tumbling waters of the upper Tlikikila. From this camp, it's all downhill to our pickup at Two Lakes.

All meals included.

Distance: 6.5 miles, Elevation Gain: 2800'

**Day 9:** The character of the country will begin to change as we continue our descent down the Tlikikila River. Here we'll be transitioning from the alpine into the boreal forest common along lower elevation rivers in Alaska. Today's route will involve some of terrain already encountered along the trip and a sampling of moving through the "big green." Short thickets of alder and willow thickets will be traded with long stretches of cobble-strewn river bar. We'll finish the day with an exciting crossing of the Tlikikila River within a mile of camp 7.

All meals included.

Distance: 6.5 miles, Elevation Loss: 1200'

**Day 10:** Today is a built-in layover day or a weather day that may have already been used earlier on the expedition. If not, we'll take today to explore the valley to the north of camp 7 - home to a massive granite wall as large as Yosemite's Half Dome.

All meals included.



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#### DAY-BY-DAY ITINERARY continued (\*Sample)

**Day 11:** Of course, how appropriate to save the most difficult day of the trip for last! Today's route down the north side of the raging Tlikikila River is both difficult and arduous. It involves nearly 12-miles of alder thickets, river bars, ancient bear trails, and challenging route finding to link it all together. Today offers the full-on conditions of traveling through the green portion indicated on Alaska topographic maps - this is the real Alaska!

Thankfully, the fact you've now been moving through the Alaska wilderness for the past 10-days straight will provide you with the salt to complete this most amazing expedition. By early evening, we'll be standing on the shores of Two Lakes and celebrating completion of the incomparable Neacola High Route. Too soon for most, our float plane will arrive to return us to Port Alsworth and the Farm Lodge - home for our final night. After showers and a celebratory dinner at the lodge, we'll tally up our wildlife sightings, and revel in the adventure that we will never forget.

All meals included.

Distance: 11 miles, Elevation Loss 1100'

**Day 12:** After breakfast at the lodge, we'll pay a morning visit to the Lake Clark National Park visitor's center, where you'll have a chance to purchase maps and postcards. We'll spend the rest of the day hiking to Tanalian Falls, before boarding an afternoon charter flight back to Anchorage. If you are departing Alaska on this day, please schedule all homebound flights for after 9 pm.

Breakfast & lunch included.

Distance: 5 miles, Elevation Gain: 800'

\*While Alaska Alpine Adventures endeavors to follow our itineraries as written, odds are in fact slim that you actually will during the camping portion of this trip. The expeditionary factors at play quite often compel our guides to deviate from the written itinerary. Guide considerations could include weather conditions, group preference, individual ability, specific safety considerations, or unforeseeable circumstances; collectively what many have called "The Alaska Factor." Flight times into and out of the wilderness may also vary based on any number of similar factors. Therefore, we strongly suggest that you approach any adventure in Alaska with an open mind.



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#### What is Included

- **All Group Gear:** Expedition quality tents, group tarp, all cooking equipment & eating vessels and utensils.
- All Safety Equipment: Satellite phone, Garmin In-Reach, maps, and medical kit.
- Water Treatment: Aquamira (a 2-part) liquid chlorine dioxide system.
- Trekking Poles
- **Toilet Supplies:** Toilet paper, trowel, and hand sanitizer.
- Roundtrip Air Transportation: Between Anchorage and Port Alsworth Alaska.
- Roundtrip Air Transportation: From Port Alsworth into the Wilderness.
- Lodging: On the final night at the Farm Lodge or Wilder House B&B on Lake Clark.
- All Meals: From lunch on day 1 through lunch on day 12 (final day of itinerary).
- Professional Guide Service: Maximum of a 4:1 guest to guide ratio.

#### What is Not Included

- Airfare to Anchorage Alaska: From your home city.
- **Pre or Post Lodging:** In Anchorage prior to & after your adventure.
- **Personal Gear:** Sleeping bag, sleeping pad, backpacks, rain gear, etc. See equipment Lists and available rental items below.
- Trip Cancellation/Interruption Insurance: HIGHLY SUGGESTED!
- **Additional Lodging:** Any additional lodging in Anchorage or Port Alsworth due to weather delays.
- Alcoholic Beverages
- Guide Gratuities: See below.



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### Traveling with Alaska Alpine Adventures

**GUIDES:** It takes a talented individual to be able to lead an Alaska expedition, and our Alaska guides are true outdoor multi-sport professionals. We hand-select each guide based on their ability to deliver an unparalleled level of customer service, a strong wilderness skill set and background and an insatiable passion for Alaska's wild spaces. Each guide is medically certified as a Wilderness First Responder and carries the necessary qualifications to competently backpack, hike, kayak, canoe and climb throughout Alaska's vast wilderness. When you choose to travel with us, you can rest assured that your trip has been meticulously planned and executed by real Alaskans with authentic Alaska knowhow, skill, and ability.

**FOOD:** Our food is excellent – in fact it is something that clearly differentiates us from our competition. We have spent the past twenty-five years fine-tuning our backcountry menu. Breakfasts on our trips could include steel cut oats, egg scrambles, house-made granola and cereal, locally roasted coffee, assorted tea, and cocoa. In order to keep our food as light and compact as possible on our backpacking-specific itineraries, we don't pack full lunches. Instead, we take frequent breaks and snack throughout the day. Our "snack pack lunches" include a combination of energy bars, chocolate, meat, and cheese, and total just over 1000 calories. Dinners could include pasta carbonara, Alaska reindeer rotini, chicken and chipotle enchilada bowls, and more. And a delicious desert experience is always included after dinner.

**CAMPING:** Alaska Alpine Adventures has camped in some of Alaska's most remote and wild places; from the remote beaches of the Alaska Peninsula, the rugged glaciers of the Neacola Mountains, to the open tundra expanses of the Brooks Range. With literally thousands of nights camped in the Alaska wilderness in all seasons, we have refined camp craft to a science. Expedition quality tents, included trekking poles, group-size tarp shelters, and only the best cooking equipment accompany each and every one of our wilderness trips. Not only does including the finest equipment make camp life more comfortable, but it also adds a level of safety to trips that could otherwise be relentlessly unforgiving to the unprepared. In other words, we take our camping very seriously!



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**SMALL GROUPS:** Small groups are the best way to witness the Last Frontier! This wilderness trip is limited to 8 guests. And with a guest to guide ratio of 4:1 you are assured of our commitment to risk management and safe operations. Furthermore, it is a best practice to keep groups exceptionally small to minimize our impact on the Alaskan backcountry by following <a href="Leave No Trace">Leave No Trace</a> principles.

**GRATUITIES:** Tips to guides are left entirely to your discretion. While any amount is greatly appreciated, tips often range from 5-10% of the trip cost per person and are split among the guides.

The staff at the Farm Lodge works very hard to make your stay fulfilling and comfortable. Generally, a tip of \$10-\$20 is appreciated and is split among the entire lodge team.



Hiking through talus fields among the granite peaks

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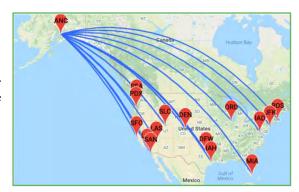
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#### **Travel Information**

#### **GETTING TO ALASKA**

This trip begins and ends in Anchorage, Alaska. Getting to Anchorage is easy. Alaska Airlines, your travel agent, online travel sources, or the carrier of your choice are options to easily arrange roundtrip airfare from international cities or the lower 48.



#### **BUSH FLIGHTS**



Access to Lake Clark National Park is limited to air travel in a small airplane flown by a n experienced bush pilot. This adventure includes internal bush flights between Anchorage and Port Alsworth and any float plane flights necessary for your itinerary. Have your camera at the ready, because your expedition begins here! This may be your first experience in a small aircraft, and will prove a memorable one to be sure. The flight to Lake Clark takes you through the southern portion of the Alaska Range with towering peaks and tumbling

glaciers right off the wing tips. The 150 mile flight to Port Alsworth, Lake Clark National Park's gateway community, takes approximately an hour and twenty minutes.

#### **ACCOMMODATIONS**

Lodging on the final night in Port Alsworth is included in your package (See our Roommate Policy below). You'll be staying in at The Farm Lodge or Wilder B&B in the bush community of Port Alsworth (population 250). Both properties are comfortable, picturesque & offer a great portrayal of how people thrive in rural Alaska. The first 10 nights will be spent camping in the wilderness.



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#### LUGGAGE



If you chose to pack and check your backpack, make sure all the straps are cinched and buckled. The baggage conveyors have been known to eat these things! Please keep your luggage tagged, with your name easy to read. Due to limited weight restrictions for the bush flights, we suggest you pack as lightly as possible. If you follow the gear list, you'll be spoton!

#### **ROOMATE POLICY**

Our trip rates are based on double occupancy in each room. If you request your own room or we are unable to find a roommate of the same gender, a single supplement of \$275 will be applied to your trip rate before your final balance is due (45 days prior to your trip start date). If we find you a roommate prior to your final payment being due, the single supplement will be removed from your balance due.

- Due to limited inventory with our accommodation vendors, a single room cannot always be guaranteed.
- If we find you a roommate after you have submitted your final payment, your single supplement will be refunded.
- If you register 45 days or fewer prior to your trip start date, your single supplement will be due at the time of your registration unless a roommate is available. If a roommate is found prior to your trip, your single supplement will be refunded.
- Please be sure to confirm your rooming arrangements by emailing us or calling 1-907-351-4193



#### RESERVATION AND CANCELLATION POLICY

The trip prices listed on our website and in our literature are per person, based on double occupancy and subject to a 3% Land & Water Access Fee. A deposit of \$1,000.00 per person is required to reserve a trip with Alaska Alpine Adventures. The remaining balance is due 45 days prior to the start of the trip. Reservations made within 45 days of the trip starting date require payment in full. Alaska Alpine Adventures strongly recommends trip cancellation

insurance available through Ripcord, Travel Guard, or your preferred insurer.

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### RESERVATION & CANCELLATION POLICY CONTINUED - PLEASE READ CAREFULLY

Alaska Alpine Adventures reserves the right to cancel any trip because of internal reasons including but not limited to inadequate signups, loss of staff due to injury or illness and significant damage/loss of inventory. If Alaska Alpine Adventures cancels a trip due to internal reasons, a refund of the total amount paid will be given. Refunds are limited to the amount actually paid to Alaska Alpine Adventures.

Should your trip departure have to be cancelled or postponed by a force majeure (including but not limited to: weather causing delays or cancelled charter flights, fire, flood, volcanic eruption, pandemic, ongoing or newly introduced travel ban or government statement) Alaska Alpine Adventures and its partner operators are not obligated to provide a refund or offer alternative travel services. Thus, we strongly encourage you to purchase Trip Cancellation & Interruption Insurance so that you are covered in the event of an unexpected change of plans.

If the participant cancels a reservation earlier than 45 days prior to the starting date, the deposit will be refunded, minus a \$500.00/participant administration fee OR the participant can elect to keep the entire deposit on account to be used on a future trip prior to September 20, 2025. If the participant cancels within 45-30 days of the trip starting date, there will be no refund of any costs OR the participant can elect to keep 75% of any payments on account to be used on a future trip prior to September 20, 2025. If the participant cancels within 30-days, there will be no refund of any costs.

#### ITINERARY CHANGES OR DELAYS

Alaska Alpine Adventures reserves the right to change the itinerary of a trip. Occasionally, weather or other factors may cause delays, destination changes, or make completing a trip impossible. In these circumstances, there will be no refund of fees. Alaska Alpine Adventures is not responsible for any additional costs (e.g., airline flight changes, additional hotel nights, etc.) associated with trip delays or itinerary changes due to weather or other factors.

#### TRIP MINIMUMS

To assure any Alaska Alpine Adventures departure, a minimum number of participants must sign up. This trip requires a minimum of 4 guests to guarantee departure. However, in the event your departure doesn't meet the minimum we will still operate the trip at below the minimum required for a modest surcharge. Please see our Reservations Page for more information regarding trip minimums.

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### **EQUIPMENT INFORMATION - NEACOLA HIGH ROUTE**

This document lists ALL clothing, equipment and other gear needed for your Alaska Alpine Adventure.

Please note that some items will be supplied by Alaska Alpine Adventures; other items you will need to provide yourself. The checklist below contains all of the clothing and gear required for this trip offered by Alaska Alpine Adventures. By following them, you should find yourself well equipped for your adventure. We are always happy to discuss equipment needs with you, so please do not hesitate to contact us with any questions.

#### TRUST YOURSELF, NOT THE WEATHER!

We travel light, yet spare few comforts, and the following checklists reflect this dogma. Our lists are based on typical seasonal and environmental conditions you are likely to encounter. Please refer to your particular adventure's itinerary for specific weather conditions you can expect at your destination. Living by the tenant of "hope for the best, plan for worst, and probably get something right in between" has served us quite well and often seems to sum up the Alaska experience. Environmental comfort levels will vary from person to person, so please select your clothing and equipment accordingly and use the following checklists as a guide. It must be stressed that the items listed (or your own favorite substitution) are **MANDATORY** and must be in your possession when you head into the field.

### **OUTDOOR EQUIPMENT SUPPLIERS**

Over the course of many years spent in the most rugged environments, your Alaska Alpine Adventures guides have had the opportunity to put their gear and clothing to the ultimate test - daily use. Our guides have repeatedly found that certain companies produce consistently tough, durable products that stand up to both time and the elements. You can find most of these brands at your local outdoor retailer or online. The Alaska Alpine Adventures website also contains links to suppliers, printable gear lists, and helpful videos. We've also included the gear list below.

#### **AVAILABLE RENTAL ITEMS**

Alaska Alpine Adventures rents quality down and synthetic sleeping bags, inflatable air mattresses and Crazy Creek chairs for this trip. Please visit our rental page on our website by clicking <u>THIS LINK</u> for more info.



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### Packing & Gear Lists

• Backpack - Men's minimum size is 70L / Women's minimum size is 60L

The group gear that Alaska Alpine Adventures provides (bear barrel, food, tent pieces, etc.) will occupy a minimum of 18L of your pack! Keep that in mind when purchasing a backpack. If in doubt, err on the side of a larger pack; it will make packing and unpacking much easier each day. We also recommend a professional pack fitting if you are purchasing a new backpack for your trip.

Guides Choice: The one that fits your body best!

- Waterproof pack cover: Large enough to fit your pack when it's full
- **IL water bottle:** Hydration bladders are acceptable in addition to one wide-mouth, hard-sided bottle.

Guides Choice: Wide-mouth Nalgene water bottle

Hiking boots for backpacking: Quality medium/heavy-duty hiking boots

It is very critical that you break in your boots BEFORE you arrive, as traveling with blisters is a painful way to enjoy Alaska!

Guides Choice: Salomon Quest 4D 3 GTX

Waterproof/breathable rain jacket <u>AND</u> rain pants - BOTH Pieces are mandatory
Gore-Tex or similar quality waterproof/breathable GOOD rain gear is essential on any
wilderness outing and is probably the most important piece of gear that you have on
your trip.

Guides Choice: Outdoor Research Foray Jacket AND Pants

### **Hiking Layers -** Synthetic or wool, no cotton

Lightweight wind shirt

Guides Choice: Patagonia Houdini Jacket

• 1 mid-weight long sleeve synthetic top: Daily use as a base layer shirt that you'll wear all day.

Guides Choice: Patagonia Capilene Lightweight Crew

• 1 mid-weight synthetic bottom: To be worn under your hiking pant or rain pant on a cold/wet days

Guides Choice: Patagonia Capilene Lightweight Bottoms

- 1 pair synthetic hiking pants: Daily use hiking pant that you'll wear all day
- 1 pair lightweight synthetic shorts: Convertible hiking pant/shorts are OK

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- 1 lightweight T-shirt: Synthetic
- 4 pair of hiking socks: Synthetic or wool mid-weight hiking socks.
- 1 warm beanie hat: Synthetic or wool
- 1 billed hat: Keeps your face protected from the sun
- 1 mosquito head net
- 1 pair of gloves: Synthetic or wool.

### **Camp Life**

- Sleeping bag: Synthetic or down sleeping bag rated to a minimum of 30 F°
  - o Available for rent, includes a waterproof compression stuff sack
- 2 waterproof compression stuff sacks: One large enough to fit your sleeping bag & One large enough to fit your extra layers.

Guides Choice: Sea to Summit eVent Compression Dry Sacks

- Sleeping pad: Closed-cell foam pad or inflatable air mattress
  - o Inflatable air mattress available for rent
- Headlamp: For trips departing after August 1st
- **Camp chair:** Crazy-Creek style, soft, folding camp chair or Therm-a-Rest conversion chair kit to fit inflatable mattress.

Guides Choice: Crazy Creek Hex 2.0 Original chair

- o Crazy-Creeks is available for rent.
- **Insulated mug:** Save weight and the bulk & use your wide mouth water bottle for both hot and cold drinks. We recommend wide mouth, as it' easier to pour hot water into for hot drinks.
- Synthetic underwear: 3 to 4 pair should suffice
- 1 heavyweight synthetic top

Guides Choice: Patagonia Capilene Thermal Weight Crew

• 1 heavyweight synthetic or fleece bottoms

Guides Choice: Patagonia Capilene Thermal Weight Bottoms

1 synthetic or down lightweight puffy jacket

Guides Choice: Outdoor Research Transcendent Down Pullover

• **Camp shoes**: Light-weight Crocs or sport sandals. Used for getting out of your hiking/paddling shoes around camp and crossing streams and rivers.

Guides choice: Crocs Original Classic Clogs

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• **Sacred socks:** Heavy, warm pair of socks to put on at night.

The name says it all – they're sacred –we keep ours IN our sleeping bag until bedtime. Different than what you'll wear while in camp in your camp shoes, we usually wear a neoprene sock with the crocs or something that can still get wet while walking around camp, if the tundra/ground is wet, or its raining.

#### PERSONAL EFFECTS

- Sunglasses with case
- Toiletries
- Personal medications
- Sunscreen/lip protection
- Pack towel
- Book/reading materials
- Camera
- Journal and pen
- Binoculars
- Insect repellent

#### ADDITIONAL RECOMMENDED ITEMS

- Bandana
- 2 accessory carabiners
- 2 pair synthetic liner socks
- Waterproof gaiters

Guides Choice: Outdoor Research Verglas Gaiter

• Small personal drybag to protect your camera and electronics



Feeling dwarfed among the peaks & landscape

### PACKING AND GEAR VIDEOS

For more information on gear, clothing & packing for your trip. click <u>THIS LINK</u> to check out Alaska Alpine Adventure's YouTube channel for helpful and informative packing and gear videos.



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### FREQUENTLY ASKED QUESTIONS

#### Will I be kept safe on the trip?

Because our trips take place in remote & wild environments, there are inherent risk factors that can't be entirely avoided without compromising the unique character of the activities associated with adventure travel. Obviously, it's not our intention to reduce your enthusiasm for outdoor adventure activities, but we believe it is important for everyone to know in advance that real adventure involves real risk, much of which simply cannot be controlled Alaska Alpine Adventures or Alaska Alpine Adventures' employees. By joining one of our trips, you are representing that you understand, and are accepting of, the risks described in the acknowledgment/release document that all participants are required to sign. You are also representing that you will accept the degree of personal responsibility necessary to participate in adventure travel activities.

#### What about the mosquitoes?

In case you've heard horror stories... the number of mosquitoes is greatly dependent on hatching season, annual weather conditions, specific locations, and time of year. While you are bound to encounter some mosquitoes during the course of your summer adventure, their numbers rarely present major problems. That said, please arrive prepared with insect repellent and a head net to fend off any bugs that are present.

### Will bears be a problem?

Alaska is bear country! There are both grizzly and black bears in most of the wilderness areas of Alaska we visit. We love seeing bears in the wild and consider bear sightings one of the most thrilling privileges common in Alaska's backcountry. That said, traveling safely and taking precautions to minimize a negative encounter are considerations we take very seriously. In addition to conducting a thorough pre-trip bear safety orientation, your guides also take many precautions on all of our trips including: 1) all of our food is packaged to minimize odors – we vacuum seal most of our fresh ingredients and sauces, we pack our food in bear resistant food canisters, and we store our food well away from camp. 2) We make noise when we're hiking in thick brush or when we're hiking in windy conditions to minimize surprise encounters. 3) We keep an exceptionally clean camp and 4) as a last resort guides travel armed carrying pepper spray.



# 12 Day Packaneering Adventure Lake Clark National Park & Preserve

### Will I see wildlife on my trip?

It's important to keep in mind that while we do have abundant wildlife populations in Alaska, animals are often obscured by the vastness of the landscape, subject to imprecise migration routes and often affected by Alaska's dynamic weather patterns.

While wildlife viewing on our trips has been historically reliable, and we schedule our trips to maximize the chances of seeing wildlife, there are simply too many factors to make any guarantees.

### What will the weather be like on my trip?

Alaska has some of the most dynamic and dramatic weather on the planet. During the summer months in Alaska, average daytime temperatures range from 60° to 80°F. Nighttime and morning temperatures are cooler, but rarely dip below 40°F. Fall arrives early at these latitudes and you'll experience cooler temperatures and fewer hours of daylight in late August and early September. Throughout the summer season, you may experience rain, sun, wind, clouds, and fog on your adventure. We live by the adage "prepare for the worst, hope for the best, and you'll likely end up with some of both".



Camp for the night under the towering peaks

Go Big. Go Beyond.
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