



EQUIPMENT LIST – BASECAMP HIKING

THIS DOCUMENT LISTS ALL CLOTHING, EQUIPMENT AND OTHER GEAR NEEDED FOR YOUR ALASKA ALPINE ADVENTURE.

Please note that some items will be supplied by Alaska Alpine Adventures; other items you will need to provide yourself. The checklist below contains all of the clothing and gear required for this trip offered by Alaska Alpine Adventures. By following this list, you should find yourself well equipped for your adventure. We are always happy to discuss equipment needs with you, so please do not hesitate to contact us with any questions.

TRUST YOURSELF, NOT THE WEATHER!

We travel light, yet spare few comforts, and the following checklist reflects this dogma. Our lists are based on typical seasonal and environmental conditions you are likely to encounter. Living by the tenant of “hope for the best, plan for worst, and probably get something right in between” has served us quite well and often seems to sum up the Alaska experience. Environmental comfort levels will vary from person to person, so please select your clothing and equipment accordingly and use the following checklist as a guide. It must be stressed that the items listed (or your own favorite substitution) are **MANDATORY** and must be in your possession when you head into the field.

ITEMS SUPPLIED FOR YOU:

Alaska Alpine Adventures will supply the following gear for your trip:

- ▶ All group gear: expedition quality tents, group tarp, all cooking equipment & eating utensils
- ▶ All backcountry toilet items: including portable loo, TP, & hand sanitizer
- ▶ Water treatment options
- ▶ Large, backpack-style dry bags for moving from the lake to our campsite location
- ▶ Safety Equipment: satellite phone, maps, Garmin InReach, medical kit and rescue equipment.
- ▶ Trekking Poles

OUTDOOR EQUIPMENT SUPPLIERS:

Over the course of many years spent in the most rugged environments, your Alaska Alpine Adventures guides have had the opportunity to put their gear and clothing to the ultimate test - daily use. Our guides have repeatedly found that certain companies produce consistently tough, durable products that stand up to both time and the elements. You can find most of these brands at your local outdoor retailer or online. The Alaska Alpine Adventures website also contains links to suppliers & gear at: <https://alaskaalpineadventures.com/merchandise/#>.

AVAILABLE RENTAL ITEMS:

Alaska Alpine Adventures rents quality down and synthetic sleeping bags, inflatable air mattresses, stuff sacks, and Crazy Creek chairs for this trip. Please visit our rental page at: <https://www.alaskaalpineadventures.com/gear-rental/>.

PACKING AND GEAR VIDEOS:

Click the link to check out Alaska Alpine Adventure’s helpful and informative packing and gear videos:

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ON THE HIKE:

GEAR

- ☐ Daypack – 20L (1200 in³) or larger – big enough to carry a water bottle, rain gear, extra layers and any personal effects you may need during the day
- ☐ 1L water bottle (Hydration bladders are acceptable *in addition to* one wide-mouth, hard-sided bottle)
*Guides Choice: **Wide-mouth Nalgene water bottle***

CLOTHING

Footwear

- ☐ Hiking boots - Quality medium/heavy-duty hiking boots - *Guides Choice: **Salomon Quest 4D 3 GTX***
***It is very critical that you break in your boots BEFORE you arrive, as traveling with blisters is a painful way to enjoy Alaska! ***
- ☐ 4 pair synthetic / wool mid-weight hiking socks

Outerwear

- ☐ Waterproof/breathable rain jacket - *Guides Choice: **OR Foray Jacket***
- ☐ Waterproof/breathable rain pants - *Guides Choice: **OR Foray Pants***
Gore-Tex or similar quality waterproof/breathable - Good rain gear is essential on any wilderness outing and is probably the most important piece of gear that you have on your trip
- ☐ Lightweight windshirt – *Guides Choice: **Patagonia Houdini Jacket***

Hiking Layers – Synthetic or wool (no cotton)

- ☐ 1 mid-weight long sleeve synthetic top – daily use base layer shirt that you'll wear all day
*Guides Choice: **Patagonia Capilene Lightweight Crew***
- ☐ 1 mid-weight synthetic bottom – to wear under your hiking or rain pants on cold/wet days
*Guides Choice: **Patagonia Capilene Lightweight Bottoms***
- ☐ 1 pair synthetic hiking pants – Hiking pants that you'll wear all day
- ☐ 1 pair lightweight synthetic shorts (convertible hiking pants/shorts OK)
- ☐ 1 lightweight synthetic t-shirt

Headwear

- ☐ 1 warm beanie hat – synthetic / wool
- ☐ 1 billed hat – keeps your face protected from the sun
- ☐ 1 mosquito head net

Gloves

- ☐ 1 pair synthetic or wool glove liners; *Guides Choice: **Nitrile dipped garden gloves (lightweight and inexpensive!)***



AROUND CAMP:

GEAR

- ☐ Sleeping bag - Synthetic or down sleeping bag rated to a minimum of 30 degrees F - **Available for rent (comes with 1 waterproof compression stuff sack)**
 - ☐ 2 waterproof compression stuff sacks - *Guides Choice: Sea to Summit eVent Compression Dry Sacks*
1 large enough to fit your sleeping bag, 1 large enough to fit your extra layers - **Available for rent**
 - ☐ Sleeping pad - Closed-cell foam pad or inflatable air mattress - **Available for rent**
 - ☐ Camp chair - Crazy Creek style, soft, folding camp chair or Therm-a-Rest conversion chair kit to fit inflatable mattress - *Guides Choice: Crazy Creek Hex 2.0 Original Chair* - **Available for rent**
 - ☐ Headlamp - For trips departing after August 1
 - ☐ Insulated mug
- ***Save weight and the bulk – use your wide mouth water bottle for both hot and cold drinks.***

CLOTHING

Camp Layers

- ☐ Synthetic underwear – 3-4 pair should suffice
- ☐ 1 heavyweight synthetic top - *Guides Choice: Patagonia Capilene Thermal Weight Crew*
- ☐ 1 heavyweight synthetic or fleece bottoms - *Guides Choice: Patagonia Capilene Thermal Weight Bottoms*
- ☐ 1 synthetic or down lightweight puffy jacket - *Guides Choice: OR Transcendent Down Hoodie*
- ☐ 1 pair of thick fleece or wool gloves – keep these gloves dry and only use them around camp

Footwear

- ☐ Camp shoes – Light-weight Crocs or sport sandals (for around camp and crossing streams and rivers)
Guides Choice: Crocs Original Classic Clogs
- ☐ Sacred socks – Heavy, warm pair of socks to put on at night. The name says it all – they're sacred, and live with your sleeping bag until you need them.

PERSONAL EFFECTS:

- ☐ Sunglasses with case
- ☐ Toiletries
- ☐ Personal medications
- ☐ Sun screen/lip protection
- ☐ Pack towel
- ☐ Book/reading materials
- ☐ Camera (or phone)
- ☐ Journal and pen
- ☐ Binoculars
- ☐ Insect repellent

ADDITIONAL RECOMMENDED ITEMS:

- ☐ Bandana
- ☐ 2 accessory carabiners
- ☐ 2 pair synthetic liner socks
- ☐ Waterproof gaiters - *Guides Choice: OR Helium Gaiters*
- ☐ Waterproof Socks - *Guides Choice: NRS Hydroskin 0.5 Wetsocks*
*** Great for keeping your feet dry in camp and to protect your weary feet from marauding insects ***
- ☐ Battery pack for charging USB devices -*Guides Choice - BioLite Charge 40 PD*
- ☐ Sleeping mask

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