



KAYAKING & HIKING EXPEDITIONS

EQUIPMENT CHECKLIST

This document outlines the required clothing, equipment, and personal items for your Alaska Alpine Adventures expedition.

Some items are supplied by AAA; others must be provided by you. Please review this checklist carefully and ensure all required gear is in your possession prior to departure.

If you have questions about gear selection or substitutions, contact us before your trip. We are happy to help.

OUR PHILOSOPHY: PREPARED, NOT OVERPACKED

We travel light, yet spare few comforts.

This list reflects decades of guiding experience in Alaska's remote backcountry. Conditions can vary widely. Preparation ensures comfort, safety, and enjoyment.

Hope for the best. • Plan for the worst. • Expect something in between.

All listed items (or suitable equivalents) are required unless otherwise noted.

OUTDOOR EQUIPMENT SUPPLIERS

Over decades of guiding in Alaska's rugged backcountry, we've learned what gear truly holds up. Most recommended brands can be found at your local outdoor retailer or easily at our online shop here:

<https://www.prusik.ai/tour/shop-kayaking-and-hiking-trip-gear-list>

PACKING & GEAR VIDEOS

For helpful packing tips and gear guidance, watch our videos here:

<https://alaskaalpineadventures.com/gear-lists/>

ITEMS SUPPLIED BY ALASKA ALPINE ADVENTURES

AAA provides the following:

Group Equipment

- Expedition-quality tents
- Group tarp
- All cooking equipment & eating utensils

Water Treatment

- Aquamira (two-part chlorine dioxide system)

Backcountry Sanitation

- Toilet paper
- Trowel
- Hand sanitizer

Kayaking Equipment

- Inflatable kayaks
- PFDs (life jackets)
- Paddles (plus spares)
- Repair kits
- Throw bags
- Dry bags

Safety Equipment

- Satellite phone
- Garmin InReach
- Maps
- Medical kit
- Rescue equipment

Additional

- Trekking poles
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RENTAL GEAR AVAILABLE

Alaska Alpine Adventures offers a curated selection of high-quality rental gear to simplify your packing and travel:

- Sleeping bags (down or synthetic)
- Sleeping pads (foam or inflatable)
- Camp chairs
- Waterproof compression dry sacks
- Waterproof/breathable chest waders

Rental details: <https://www.alaskaalpineadventures.com/gear-rental/>

ON THE HIKE

PACKING & GEAR

Daypack - 20L or larger

Large enough to carry water bottle, rain gear, extra layers, and personal items.

1L water bottle

Hydration bladders are acceptable in addition to one wide-mouth, hard-sided bottle

CLOTHING

Footwear

Hiking boots – medium/heavy duty

Boots must be broken in before arrival. Blisters can derail an otherwise incredible trip.

4 pairs synthetic or wool mid-weight hiking socks

Outerwear

Waterproof/breathable rain jacket

Waterproof/breathable rain pants

Gore-Tex or equivalent required. Quality rain gear is essential and arguably the most important piece of gear on this trip.

Lightweight windshirt/windbreaker

Hiking / Paddling Layers

Synthetic or wool only — no cotton

1 mid-weight long sleeve base layer top

1 mid-weight base layer bottom

1 pair synthetic hiking pants

1 pair lightweight synthetic shorts (convertible acceptable)

1 lightweight synthetic t-shirt

Headwear

Warm beanie (synthetic or wool)

Billed sun hat

Mosquito head net

Gloves

Lightweight synthetic or wool glove liners

ON THE WATER

In addition to the above items:



FOOTWEAR SYSTEM

Warm feet on the river can make the difference between an enjoyable experience and a miserable one.

- Waterproof/breathable chest waders (no neoprene)** *Available for rent*
- Thick wool socks (worn under wader neoprene socks)
- Wading shoes**
 - Lace-up style recommended
 - Order two sizes larger than street shoe size **(Included with rental waders)**Test your full wader system at home before the trip to ensure proper fit.

Gloves

- Neoprene or insulated rubber gloves

AROUND CAMP

GEAR

- Sleeping bag (30°F rating minimum; synthetic or down) *Available for rent*
- Waterproof compression dry sacks (2 required)
 - One for sleeping bag (included with rental sleeping bag)
 - One for extra layers — Available for rent on all trips
- Sleeping pad (foam or inflatable) *Available for rent*
- Camp chair (lightweight folding style) *Available for rent*
- Headlamp (required for trips departing after August 1)
- Insulated mug
 - You may also use your wide-mouth bottle for both hot and cold beverages to save weight.*

CAMP CLOTHING

- 3-4 pairs synthetic underwear
- 1 heavyweight synthetic base layer top
- 1 heavyweight synthetic or fleece bottom
- Lightweight synthetic or down puffy jacket
- Thick fleece or wool gloves (camp use only — keep dry)

CAMP FOOTWEAR

- Lightweight camp shoes (Crocs or sport sandals recommended)
- “Sacred Socks”**
 - A heavy, warm pair reserved exclusively for sleeping.*

PERSONAL ITEMS

- | | |
|---|--|
| <input type="checkbox"/> Sunglasses (with case) | <input type="checkbox"/> Book / reading material |
| <input type="checkbox"/> Toiletries | <input type="checkbox"/> Camera or phone |
| <input type="checkbox"/> Personal medications | <input type="checkbox"/> Journal & pen |
| <input type="checkbox"/> Sunscreen & lip protection | <input type="checkbox"/> Binoculars |
| <input type="checkbox"/> Pack towel | <input type="checkbox"/> Insect repellent |

ADDITIONAL RECOMMENDED ITEMS

- | | |
|---|--|
| <input type="checkbox"/> Bandana | <input type="checkbox"/> Small personal dry bag (for electronics protection) |
| <input type="checkbox"/> 2 accessory carabiners | |



- 2 pairs synthetic liner socks
- Waterproof gaiters
- Waterproof socks (useful in camp)
- USB battery pack
- Sleep mask